



## Online Safety

The use of the internet and the variety of social media applications and devices continues to play a significant role in the lives of our children and young people. As the digital world is constantly changing, it is important that they continue to be safeguarded and kept safe online.

To keep our gymnasts safe, Bury Spectrum has a no videoing and photography policy. This applies to all parents at all levels within the club. If the club becomes aware of any images or videos that may be in breach of this policy you will be asked to delete them. The exception to this is at competitions where filming and photographing of **your** children is permitted and we ask that any imagery is constrained to your children only. There may be occasions when it would be appropriate to photograph or record routines as part of training or publicity. If you do not want your child to be photographed you must let the club know so that their file can be updated.

As parents we all have a responsibility to keep our children safe and I ask you to adhere to the following:

- Do not put pictures of other club members on your social media sites within the club setting as you may breach the British Gymnastics Photography Policy. If you do wish to upload photos or videos including other gymnasts you must get consent from the parents/ guardians before doing so. This will not prevent you having pictures of your friends on your social media taken outside of the sporting arena, but it is good advice to always ensure they and their parents are happy with any picture or videos you plan to publish.

<https://www.british-gymnastics.org/docman/footer-menu-items/governance-documents/11240-photography-policy-v1-0-march-2020/file>

- Live-streaming is prohibited within the club setting, including competitions. If using live-streaming on social media you should limit this to your own children unless you have been given specific consent by the parents/ guardians of the other children.
- The use of social networking sites to criticise or verbally abuse the club, its officers, coaches, judges, and gymnasts in an inappropriate and unacceptable manner. British Gymnastics members found to be abusing or working outside of these good practice guidelines, may be subject to disciplinary action or investigation as outlined in the British Gymnastics Complaints & Disciplinary Procedures.

[https://www.british-gymnastics.org/images/Social\\_Networking\\_Guidelines\\_v2.0\\_20180315.pdf](https://www.british-gymnastics.org/images/Social_Networking_Guidelines_v2.0_20180315.pdf)

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There is a particularly good video for you to watch with your children. It is aimed at the over 8's and gives a very powerful message about the importance of good internet safety. I have copied the link below that you can paste into your browser.

<https://www.teachertube.com/video/jigsaw-8-10s-147297>

There are also a number of other online resources that I'd like to draw your attention to:

1. The Child Protection in Sport Unit is a partnership between the NSPCC, Sport England, Sport Northern Ireland and Sport Wales to help minimise the risk of child abuse during sporting activities.

<https://thecpsu.org.uk/parents/>

2. The Underwear Rule is a simple way that parents can help keep children safe from abuse - without using scary words or mentioning sex. The NSPCC have developed a simple guide for parents, and a child-friendly version, to help you **talk PANTS** with your child.

<https://www.nspcc.org.uk/globalassets/documents/advice-and-info/pants/pants-2018/pants-parents-guide-online.pdf>

3. At [www.net-aware.org.uk](http://www.net-aware.org.uk) you can search for information about the different online platforms (eg TikTok, Instagram). I'd highly recommend having a look and making sure you understand what other people can see based on your/ your child's privacy level.
4. British gymnastics have a number of resources on their website

<https://www.british-gymnastics.org/gymnasts/gymnast-membership/document-downloads/safeguarding-compliance/9131-live-streaming-booklet/file>

<https://www.british-gymnastics.org/documents/departments/membership/safeguarding-compliance/8954-british-gymnastics-safeguarding-foldout/file>

[https://www.british-gymnastics.org/images/safeguarding/adult\\_safeguarding\\_screen\\_friendly.pdf](https://www.british-gymnastics.org/images/safeguarding/adult_safeguarding_screen_friendly.pdf)

If you have any questions or concerns about what you see online please get in touch either by phone or email (details below) or alternatively contact:

Regional Welfare Officer, Verity Adams, [east.rwo@britishgymnastics.org](mailto:east.rwo@britishgymnastics.org) or  
British Gymnastics Safeguarding and Compliance Team at [safeguarding@british-gymnastics.org](mailto:safeguarding@british-gymnastics.org) or  
0345 129 7129.

Many thanks

**Jayne Heath, Welfare Officer**  
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